



Photo by Rachel Ponder

Contractors install red tile around the doorway of the APG Burger King, which is nearing the end of a full renovation. The redesign is replacing the traditional earth-tone décor with a contemporary red-and-black color scheme giving the restaurant a more futuristic look with a modern industrial pallet of metallic finishes, red and black accents and other artistic interpretations of the company’s “grill-centric” brand.

BK gets futuristic facelift, opening soon

Upgrades include Wi-fi, LCD screen orders, plasma TVs, better products and services

Story and photos by RACHEL PONDER APG News

The Aberdeen Proving Ground Burger King is getting a revamped, modern look with its new 20/20 redesign. “We are the first AAFES Burger King to receive this futuristic design so we are really excited,” said Jamie Turner, Burger King’s general manager. “The changes will blow guests away.” Inside the restaurant, guests will order from LCD-digital-menus, get their daily



Burger King Corporation photo

The 20/20 prototype replaces the traditional earth-tone décor with a contemporary red and black color scheme, giving it a futuristic feel. dose of news on plasma TVs, and surf the Internet using BK’s free Wi-Fi. According to the fast food chain’s website, the 20/20 prototype replaces the traditional earth-tone décor with a contemporary red and black color scheme, giving it a futuristic feel with a modern industrial pallet of metallic finishes, red and black

See BURGER KING, page 15

APG Cohort learns strategic thinking at Gettysburg ride



Dr. Paul Jussel, professor of military studies, Army War College, discusses the flow of battle from atop Little Round Top on the Civil War battlefield at Gettysburg.

Story and photo by ROGER TEEL RDECOM Public Affairs A staff ride around the Civil War battlefield at Gettysburg, Pa., Oct. 18 was anything but a walk in the park. Dr. Paul Jussel, professor of military studies at the U.S. Army War College in nearby Carlisle, led 29 participants and nine alumni of the Aberdeen Proving Ground Cohort on an in-depth, strategic thinker’s study of the battle that raged July 1-3, 1863. Beginning with the arrival of Gen. Robert E. Lee’s Confederate forces via the Chambersburg Pike, through battles at the Peach Orchard and Wheat Field, around Little Round Top and ending at the Confederate high-water mark near the end of

See COHORT, page 15

Trick-or-treat, Hallelujah Harvest set Monday

By ADRIANE FOSS APG News

APG is once again hosting fun fall activities, including trick-or-treating in residential areas and a chapel-sponsored Halloween alternative called the Hallelujah Harvest. Both events will take place Monday, Oct. 31, with trick-or-treated taking place between 6 and 8 p.m. in APG’s residential areas and the Hallelujah Harvest between 5:30 and 7:30 p.m. at the APG North chapel.

Trick-or-treating

Children under age 12 must be accompanied by an adult, and all trick-or-treaters are encouraged to wear reflective markings on their costumes and carry a flashlight. “Anyone driving in the housing areas during trick-or-treat should exercise extreme care, and be especially watchful for young children who may not be readily visible or attentive to moving vehicles,” said DFMWR’s Sheryl Speerstra. Mike Farlow, APG’s community policing and crime prevention officer, agreed and also urged parents to take an active role in the process, especially with younger children. “This takes away the opportunity for things that should not happen,” he said.

See HALLOWEEN, page 8

New vet offers expanded services, hours

By RACHEL PONDER APG News

A recently retired Soldier is filling a much needed post in the APG community by serving as the new veterinarian at the APG Veterinary Clinic. Dr. Carol Bossone, who served in the Army for 26 years, said she is excited to help Soldiers, retirees and their Families in this new capacity. “I get the best of both worlds,” she said. “I love working with people, especially Soldiers, and I love animals. I like seeing the bond that humans have with their pets.”



Bossone

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WEATHER Thurs. 61°|40°

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2011 ARMY FAMILY ACTION PLAN Read the Nov. 3 edition of the APG News for full coverage of the Oct. 25 symposium.



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OPINION

Keeping relationships healthy

If you could have the ideal loving relationship, what would that look like?

For some couples, it would involve a lot of time together and shared interests, and for others, it may include more space and time spent separately. There are many ways to be a loving partner, and the key is discovering what your partner needs from you, rather than what they aren't giving to you.

Often, loving your partner means putting yourself in their place and imagining what would bring them happiness.

Military couples face incredibly challenging stressors together. Those couples who remain resilient often find themselves with stronger relationships when the dust settles. However, many of the unique stressors imposed on military couples may chip away at the fabric of safety and peace within the relationship. What can you and your partner do to help protect your relationship from the stress of military life?

Here are some ideas to enrich your relationship so it serves as a vessel of comfort for both of you:

■ Ask your partner what he (or she) needs. Also, you should be able to identify what you need and how your needs can be met. If you both develop empa-

66 **Eliminate all sarcasm, name calling, belittling or other types of verbal and emotional abuse, and make a pact not to tolerate displays of temper.**

thy for each other's needs, than you both will be satisfied with what you can create together in your relationship.

■ Eliminate all sarcasm, name calling, belittling or other types of verbal and emotional abuse, and make a pact not to tolerate displays of temper such as slamming objects or doors. These behaviors cause significant damage to the trust and safety between you and may lead to physical abuse. If you're able to say at least five positive comments to every negative comment, your relationship will feel much more loving and supportive.

■ Nurture the bond between you. One way is to foster and keep open, regular communication about the important things in your life, as well as the small daily matters.

■ Develop a homecoming ritual upon your partner's return from deployment. This ritual can serve as a line of demarcation — a dividing point from their

being away at war, to being here, at peace.

■ Often service members returning from deployment need a period of readjustment to their old lifestyle and familiar surroundings. They may want to talk but are unable to find words to express their experiences or feelings about what they've been through. They may need time to themselves, which you should respect. Nonmilitary partners also can play an important role in the relationship's stress management by lovingly encouraging their military loved one to seek help for severe post-deployment problems.

■ Service members should remember that their partners want to help and reconnect with them, and should have compassion for the stresses their partners experienced during their time away. It's OK to share your feelings about your deployment experiences without sharing

details about what you saw or did. In this way you can reconnect emotionally, lean on your partner for support, and feel less isolated while protecting them from the harsh realities of what you experienced.

Be alert for signs of traumatic brain injury or post-traumatic stress disorder. If you find yourself unable to cope, talk to your partner about it and seek professional help. If you have suicidal thoughts, always seek professional help, as you may be experiencing depression, which resolves with proper treatment.

In the end, our relationships reflect the amount of energy and devotion we put into them. If you give your relationship the gifts of compassion and empathy, regardless of what the external world heaps upon you, you will reap the rewards of contentment and love within your relationship.

Are you familiar with some of the risk factors for suicide, which include relationship issues? Find out more about suicide prevention information and resources on the DCoE website.

(This post was reprinted from the Defense Centers of Excellence Blog.)

Dr. Kate McGraw

Clinical Psychologist,
Defense Centers of Excellence

Yes, those pants make your butt look huge, but why listen to me?

I've been going through some fashion blogs trying to get a feel for my new stint as a fashion blogger. I had a couple of questions about each blogger as I read through them — age, background, etc. — and decided to answer those questions about myself so you can get to know me.



Nowowieski

First of all, I'm no "fashionista," style maven or any other name the tragically hip give each other. I grew up in rural Vermont. Remember the "Newhart" show? Larry, Darryl and Darryl are pretty representative of the population where I grew up.

Vermont is not known for its thriving fashion industry, and I was surrounded by red flannel and work boots. Dressing up, say for a wedding, called for your very cleanest red flannel and lightly ripped denim jeans.

I grew up with two (that's two) TV stations and all the country music you could stomach. My mother, sadly, has a limited fashion sense. She had never been heavy so had no idea how to dress her heavy daughter.

To this day I shudder at the sight of elastic-waist pants. But, other than the

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fact I knew I didn't like how I looked, I had no idea how to go about looking better. Enter "Vogue" magazine.

The glossy pages were so inviting to me as a 15-year-old. Through this magazine, I saw beautiful people, colors and clothes, and so started my love affair with both fashion and, oddly,

magazines.

I tried it all — neon, grunge, big hair, big makeup, too short skirts and too long pants. If there's a fashion mistake to be made, I've made it.

A beautiful woman at work has a great saying, "I don't want to be loud AND wrong." Picture me in a giant

pink neon sweatshirt and one black glove and you can see what she's getting at.

What I needed was one straight-talking friend to tell me I looked frightful (and too bright). Everyone needs a 100 percent honest friend to tell you how you look. That's me. I'm just your average sarcastic working mom with two 12-year-olds, two dogs and a cat.

I combine my New England practicality and critical fashion eye to tell people they could look better, and how to achieve that. There you have it: my fashion credentials.

Have a fashion question for Karen? Post your comments or questions on the Family Matters blog or email them to Elaine.sanchez@dma.mil.

Karen Nowowieski

Family Matters Blog

Blogger finds passion for fashion

Guest blogger Karen Nowowieski is the founder of "Work It!" — a home business that provides free style makeovers to service members transitioning out of the military. This former soldier and current Defense Department civilian

has offered to share her fashion know-how with Family Matters readers through a series of guest blogs. In the coming months, she'll cover everything from appropriate interview and work attire to what to wear on a date or girls' night out.

APG SEVEN DAY FORECAST



APG NEWS



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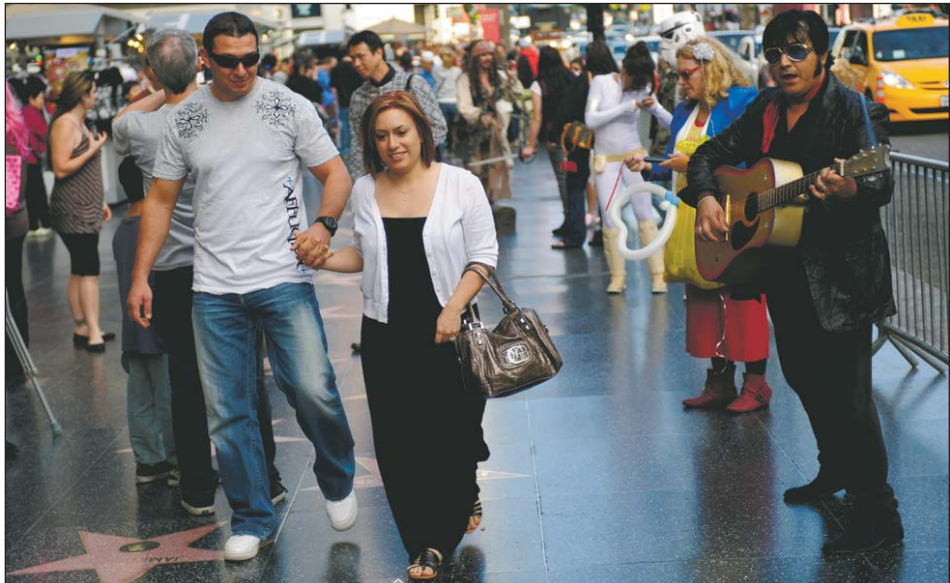


Photo by Tim Hipps

Sgt. 1st Class Louis Gomez and his 2010 Operation Rising Star-winning wife Melissa, stroll the Hollywood Walk of Fame on Hollywood Boulevard during a break from her recording sessions at Firehouse Recording Studios in Pasadena, Calif. This year, a lucky few will earn a trip to Hollywood without ever picking up a mic. Learn more about “The Operation Rising Star Ultimate Fan Game” online at OpRisingStar.com.

Game offers military chance to win Grammy tickets in Operation Rising Star contest

By **EVAN DYSON**
IMCOM

Regardless of singing ability, one eligible MWR patron will win two tickets to Hollywood and the Grammys through the Army’s premier singing competition. It will take just a little luck, trivia knowledge and technology.

Modeled after “American Idol,” Operation Rising Star showcases musical talent within the military community.

The Operation Rising Star Ultimate Fan Game offers the chance to answer trivia questions about the competition online. According to organizers, the game provides another way members of the military community can get involved in the competition.

The Ultimate Fan Game grand prize winner will receive a trip for two to Hollywood, join the winner of Operation Rising Star at the Grammy awards show and visit a Hollywood recording studio to watch the 2011 Operation Rising Star winner record a three-song demo CD.

Weekly prizes range from gift cards to iPods. Each week until Nov. 6, the 10 highest-scoring participants will automatically enter into the grand prize sweepstakes. The winner will be drawn during the competition’s finals week in December.

Trivia questions for the promotion will come from the past three seasons of the show, viewable online at the Army Family and MWR channel on YouTube at <http://youtube.com/FamilyMWR>.

The grand-prize winner will be announced during the Operation Rising Star finals week broadcast, beginning Dec. 11 on the Pentagon Channel and at OpRisingStar.com.

Operation Rising Star is a production of Army Entertainment. Local competitions have already taken place in 37 venues. In November, a group of local winners will move on to the larger competition hosted by Installation Management Command, Family and MWR Programs.

Historically, the annual competition concluded at Fort Belvoir, Va. This year, however, it will wrap up in the historic Fort Sam Houston Theatre following the Base Realignment and Closure move of Family and MWR Programs from Alexandria, Va. to Fort Sam Houston, Texas.

The Operation Rising Star Ultimate Fan Game online experience was made possible by NTB Media with sponsorship by the Veterans of Foreign Wars.

To learn more about the singing competition and to play the online game, visit <http://oprisingstar.com/>.

Army, APG supporting National Prescription Take Back Day

By **STAFF SGT. EMILY ANDERSON**
Warrior Transition Command Public Affairs

In an effort to get rid of unused or expired medications and promote a drug free living and working environment, Aberdeen Proving Ground is among the many Army installations across the United States supporting National Prescription Take Back Day Oct. 29.

APG’s drop-off location for unused or expired medications is in the lobby of the police station, Bldg. 2200, on post.

“Army leaders understand the threat presented by the improper storage or disposal of unused or expired medications in our homes and barracks,” said Col. Kevin Galloway, Chief of Staff, Pain Management Task Force.

“The Army’s participation in the National Prescription Medication Take Back Day is critical because our Soldiers and their Families share many of the issues facing the nation at large,” Galloway said. “The Army is proud to collaborate with the Drug Enforcement Administration’s national effort to combat prescription medication diversion and abuse, as well as improper storage and disposal,” Galloway said.

“This issue has relevance to environmental safety, law enforcement, and military medicine,” Galloway added. “The Army’s support for DEA’s National Take Back Day is a coordinated effort between the Army’s Installation Management Command, Office of the Provost Marshal General, and Army Medical Command.”

“This is all about safety as we work to help get these potentially harmful medications out of the households. We want everyone to take advantage of this opportunity because it is free and anonymous, no questions asked.”

Lt. Col. Kevin Roberts

Chief, Pharmacy Division, Ireland Army Community Hospital, Fort Knox, Ky

Active, Guard and Reserve Soldiers, veterans, Family members and civilians can anonymously turn in unused, unneeded or expired prescriptions items such as tablets, capsules, and any other solid forms of medication Oct. 29 at collection sites at military installations and in civilian communities.

“This is all about safety as we work to help get these potentially harmful medications out of the households,” said Lt. Col. Kevin Roberts, Chief, Pharmacy Division, Ireland Army Community Hospital, Fort Knox, Ky. “We want everyone to take advantage of this opportunity because it is free and anonymous, no questions asked.”

According to the Office of National Drug Control Policy, abuse of prescription drugs to get high has become increasingly prevalent among teens and young adults. Abuse of prescription pain killers now ranks second - only

behind marijuana - as the nation’s most prevalent illegal drug problem.

“Now is a good time to properly dispose of these medications,” Roberts added. “Some individuals can get easily confused and take the wrong medication. There are documented instances of young children accidentally ingesting a parent’s prescription.”

“The National Take Back Day is an excellent opportunity to open or expand the dialogue with our Soldiers and Family members regarding the potential impact from maintaining a supply of prescription medications in the home or barracks,” Galloway said.

For more information about National Prescription Take Back Day, turn-in times and locations, visit http://www.deadiversion.usdoj.gov/drug_disposal/takeback/index.html or call 800-882-9539 for a local collection site.

For information about the APG collection site or APG’s Take Back efforts, call 410-306-0550.

It’s Time to Fall Back!

APG ASAP

We gain an extra hour of sleep as Daylight Savings Time ends Nov. 6 at 2 a.m.

What chores do you conduct when we fall back or spring forward? Many of us check our smoke detectors and carbon monoxide monitors. Some of us check the batteries in our flashlights, clocks and hearing aids.

APG’s ASAP Prevention Coordinator Cindy Scott is urging community leaders to add another chore to that annual list: check the expiration date on prescription and over-the-counter medicines.

“See if your have any prescriptions or OTC medicines that you no longer use or want,” she said. “And if you are unable to participate in the most recent Prescription Take-Back Campaign, you can still safely dispose of your medicines.

Scott suggested the following steps:

1. Remove and destroy ALL identifying personal information (prescription labels) from all medication containers before recycling or throwing them away.
2. Pour medication into a sealable plastic bag. If medication is a solid (pill, liquid capsule, etc.), crush it or add water to dissolve it.
3. Add kitty litter, sawdust, coffee grounds (or any material that mixes with the medication and makes it less appealing for pets and children to eat) to the plastic bag.
4. Seal the bag and put it in the trash.

For more information, call Scott at 410- 278-4013 or e-mail Cynthia.M.Scott4.civ@mail.mil or read “How to Dispose of Unused Medicines” at the FDA website, www.fda.gov.



AROUND THE FORCE

Army to use new uniform for Soldier burial clothing

By **MAJ. JOHN HALL**
Army Human Resources Command Public Affairs

The Army Liaison Team at the Dover Port Mortuary will begin using the new Army Service Uniform for deceased Soldiers effective Jan. 1, 2012.

Some survivors may have an expectation of viewing their loved one at the funeral in the traditional green service uniform. The Army is phasing out the green service uniform and continues the transition to the blue service uniform as the official Army Service Uniform, or ASU.

The Army began placing the new ASU items in the clothing bags for initial entry Soldiers in 4th quarter of fiscal year 2010, and the mandatory possession date for the new ASU items is 4th quarter, fiscal year 2014.

The Defense Logistics Agency uniform contract is expiring for the Army green service uniform which will make acquiring some sizes of Army green service uniform difficult.

If a family prefers their loved one to be dressed in the Army green service uniform instead of the ASU, the Army Liaison Team at Dover will attempt to fulfill their request based on available supplies.

HRC can be reached at 1-888-ARMYHRC (276-9472) or email askhrc.army@us.army.mil.



Photo by Roland Balik
Military officers salute a transfer case as an Army carry team transfers remains at Dover Air Force Base, Del. Beginning Jan. 1, 2012, the Army Liaison Team at the Dover Port Mortuary will begin using the new Army Service Uniform for deceased Soldiers.

Obama: All U.S. troops out of Iraq by year’s end

By **JIM GARAMONE**
American Forces Press Service

All U.S. service members will leave Iraq by the end of the year, President Barack Obama announced Oct. 21.

About 40,000 U.S. service members are in the country, and all will be “home for the holidays,” Obama said.

The president made the announcement after speaking with Iraqi Prime Minister Nouri al-Maliki on the morning of Oct. 21.

Since American forces went into Iraq in March 2003, more than one million Americans have deployed to the Middle Eastern country -- many multiple times. More than 32,200 U.S. service members and civilians have been wounded in the country, and 4,482 were killed.

“Today, I can report that as promised, the rest of our troops in Iraq will come home by the end of the year. After nearly nine years, America’s war in Iraq will be over,” the president said. “The last American Soldiers will cross the border out of Iraq with their heads held high, proud of their success and knowing that the American people stand united in our support for our troops. That is how America’s military efforts in Iraq will end.”

The United States will maintain a close alliance with Iraq, the president said, and the withdrawal means the relationship between the countries will be just like that between the United States

After nearly nine years, America’s war in Iraq will be over. The last American Soldiers will cross the border out of Iraq with their heads held high and knowing the American people stand united in our support for our troops.

Barack Obama
President of the United States

with any other country. Obama said it will be “an equal partnership based on mutual interests and mutual respect.”

Obama said he and Maliki agreed that a meeting of the Higher Coordinating Committee of the Strategic Framework Agreement will convene in the coming weeks, and that he invited the Iraqi leader to Washington to plan the future relationship.

“This will be a strong and enduring partnership, with our diplomats and civilian advisers in the lead; will help Iraqis strengthen institutions that are just, representative and accountable; will build new ties of trade and of commerce, culture and education, that unleash the potential of the Iraqi people; will partner with an Iraq that contributes to regional security and peace, just as we insist that other nations respect Iraq’s sovereignty,” Obama said.

The United States will offer to help Iraq train and equip its forces, just as the United States offers assistance to countries around the world.

“There will be some difficult days ahead for Iraq, and the United States will continue to have an interest in an Iraq that is stable, secure and self-reliant,” the president said. “Just as Iraqis have persevered through war, I’m confident that they can build a future worthy of their history as the cradle of civilization.”

The end of war in Iraq reflects a larger transition in world affairs, Obama said. “The tide of war is receding,” he said. “The drawdown in Iraq allowed us to refocus our fight against al-Qaida and achieve major victories against its leadership, including Osama bin Laden.”

The United States also is reducing the number of troops deployed to Afghani-

stan. He noted that when he took office in January 2009, more than 180,000 U.S. service members were deployed to Iraq and Afghanistan.

“By the end of this year, that number will be cut in half. And make no mistake: It will continue to go down,” the president said.

The president said the United States is moving forward from a position of strength. The war in Iraq will end in December. The number of Americans in Afghanistan will continue to go down. As these actions continue, there will be fewer deployments and more time for training, Obama said.

The nation still has the responsibility and duty to provide America’s newest veterans and their families “the care, the benefits and the opportunities that they have earned,” the president said.

“This includes enlisting our veterans in the greatest challenge that we now face as a nation -- creating opportunity and jobs in this country,” he added. “After a decade of war, the nation that we need to build and the nation that we will build is our own, an America that sees its economic strength restored, just as we’ve restored our leadership around the globe.”

Preparations to withdraw continue. The United States closed its U.S. Division North at Camp Speicher yesterday. Only one divisional level U.S. unit now remains in the country.

Eminent MRICD scientist retires

By **CINDY KRONMAN**
U.S. Army Medical Research Institute

Internationally known scientist, supportive mentor, and dedicated friend is how coworkers and colleagues describe Dr. David Lenz, who recently retired from the U.S. Army Medical Research Institute of Chemical Defense after 41 years of federal service.

“What a wonderful career I have had as a result of working here,” said Lenz, in a farewell email to coworkers.

“This is an institution filled with people with small egos and people with big compassion and concern for each other, truly wanting to work together for the success of the mission,” continued Lenz. “It has been my good fortune to benefit from that atmosphere. I have learned much from everyone I worked with and that has enriched my scientific life as well as my personal life.”

Lenz, a research chemist, came to work for the U.S. Army Biomedical Laboratory, as MRICD used to be called, in November 1969. In the succeeding years, he made an indelible mark on the medical chemical defense research program through his innovative thinking, diplomacy, leadership, and management capabilities. In recognition of his achievements and dedication to the nation, upon his retirement Lenz received the DA Superior Civilian Service Award and the Department of the Army Decoration for Exceptional Civilian Service; the latter is the highest honorary award that can be given to civilians by, or on behalf of the Secretary of the Army .

“Dr. Lenz’s contributions are immeasurable,” remarked Maj. Lee Lefkowitz, who until recently was Lenz’s division chief and now serves as MRICD’s executive officer. “He is one of the most educated, intelligent, outstanding scientists I know, and he is meticulous in applying scientific rigor to the research process.”

Arriving at the lab with a background in the enzyme acetylcholinesterase, a primary target of chemical warfare nerve agents, Lenz eventually expanded his knowledge on inducing antibodies specific for nerve agents. According to Dr. John Petrali, of MRICD, Lenz’s “positiveness” that antibodies to these chemicals could be developed inspired their team to pursue the research, and in the early 1980s, Lenz’s collaborative efforts with Dr. K. W. Hunter Jr. of the Uniformed Services University of the Health



MRICD archive photos

Dr. David Lenz was always a supportive mentor to students in his lab. For many years at the MRICD he managed the summer high school student apprentice program and the Oak Ridge Institute Science and Engineering intern program, which he introduced to MRICD.

Sciences led to the development of the first monoclonal antibodies to the nerve agents soman.

From the early 1990s onward, Lenz spent much of his career working on an innovative prophylactic approach to protection against the lethality of chemical warfare nerve agents: the use of enzymes that occur naturally in the human body to scavenge the agent. These bioscavengers attach to the nerve agents, preventing their toxicity and providing extended protection without causing side effects, behavioral effects, or the need for extensive therapy.

The big picture was always Lenz’s focus when looking at a problem and how to solve it, explains institute researcher Donald Maxwell.

“Dave always said, ‘Don’t work on little things,’” recalled Maxwell. “‘Work on the big problems and the little ones will come along.’”

Maxwell also described Lenz as having “a knack for working with groups of people.” This knack, and Lenz’s inherent diplomacy, was evident in the development of the bioscavenger program.

Lenz, along with coworkers at MRICD and colleagues at other government and private organizations, began exploring the use of stoichiometric bioscavengers, in which one molecule of enzyme binds one molecule of nerve agent. The result was the development of a first-generation bioscavenger called butyrylcholinesterase, a protein that was isolated from expired human blood. This was followed by a second generation recombinant form, expressed in the milk of transgenic goats. Both the plasma-derived and recombinant forms of human butyrylcholinesterase were selected for advanced development and transitioned to clinical trials. However, because the stoichiometric bioscav-

enger approach requires a large amount of enzyme to be effective, Lenz and his team began exploring the development of catalytic bioscavengers in which the enzyme can continuously destroy the nerve agent.

Initially, the research was funded predominantly by the Department of Defense. Then in 2006, the expertise of Lenz and his team at MRICD, as well as that of a team of collaborators at international and academic organizations, was recognized with the award of a five-year Center of Excellence grant, worth \$14,400,000, from the National Institutes of Health CounterACT program. The grant to develop novel bioscavengers consisted of six projects and two core functions. The partner organizations include the Human Biomolecular Research Institute, San Diego; The Weizmann Institute in Israel; the Department of Plant, Cellular, and Molecular Biology, The Ohio State University; The Biodesign Institute at Arizona State University; and the Department of Chemistry, The Ohio State University.

Lenz’s deft management skills and diplomacy in leading this broad, highly coordinated international effort resulted in several significant achievements: the development of a new class of surrogate nerve agent compounds, the first example of a catalytic scavenger capable of affording protection against a broad spectrum of nerve agents, and the unique expression of recombinant proteins in plants.

Lenz also served as a permanent member, as well as study director, of the pyridostigmine bromide (PB) integrated product team (IPT). The team’s purpose was to organize research projects to support the submission of post-marketing studies to the Food and Drug Administration in conjunction with a New Drug Application (NDA) authorizing the use of PB as a pretreatment in conjunction with currently fielded therapy for poisoning by the nerve agent soman.

“This effort over the last 3 years,” said Capt. Robert Brodnick, chief of MRICD’s Physiology and Immunology Branch, “represents the first Good Laboratory Practices study successfully completed at MRICD, and Dr. Lenz’s invaluable experience and oversight of the study...resulted in the retention of PB as a drug for military use.”

From late 2001, in addition to his

after 41 years of federal service



Dr. David Lenz (right) discusses a molecular model of the bioscavenger candidate human paraoxonase 1 with a nerve agent docked in the active site with co-investigator Dr. Douglas Cerasoli and Col. Brian Lukey, who was the commander of MRICD in 2006 when Lenz’s research team received the Center of Excellence grant from the Nation’s Institute of Health.

research efforts and oversight of the NIH grant, Lenz served as the contracting officer’s technical representative on a contract with Battelle Memorial Institute entitled “A Medical Research and Evaluation Facility and Studies Supporting the Medical Chemical Defense Program.” The contract, with a current value of approximately \$36 million, includes 33 active research tasks, addressing studies to provide needed data for an FDA new drug submission for midazolam, the development of synthesis strategies for making current and new oximes, the evaluation of bioscavengers as a defense against inhalation exposure to nerve agents, the testing of new treatments of sulfur mustard burns, and late stage development testing of a new oxime.

Throughout his career, Lenz mentored high school and college students and post-doctoral fellows. He employed six National Research Council post-doctoral fellows in his lab, including Dr. Douglas Cerasoli, who transitioned to a civilian position and became his co-investigator on the NIH CounterACT Center of Excellence grant. Lenz

was also MRICD’s coordinator for the George Washington University Summer Science and Engineering Apprentice Program, from 1986-2001, under which he oversaw the placement of more than 130 high school students in the institute. Additionally, Lenz initiated MRICD’s participation in the Oak Ridge Institute of Science and Engineering intern program and served as the program coordinator at the institute.

Lenz authored or coauthored over 90 open literature publications, 150 presentations, and 6 patents. He is the recipient of an Army Research and Development Achievement Award for 1999 for “Bioscavengers and Immobilized Enzymes for Protection against Chemical Warfare Agents,” as well as of several Army Science Conference awards, including the 1972 Paul A. Siple award for best paper, first place for best paper in the Life Sciences category in 1998, and a bronze award for a paper in 2004.

Lenz’s recognized expertise led to his serving in numerous capacities on various scientific committees, panels, and conferences. For example, for five years Lenz

served as the chair of the NATO Technical Group 004 (TG-004) on Prophylaxis and Therapy against Chemical Agents, and was a member of the International Scientific Committee for the 10th International Cholinesterase meeting in Croatia in 2009; Lenz was also an invited session chair for the meeting. In 2010, Lenz was the organizing chair for MRICD’s biennial science conference, the Medical Defense Bioscience Review.

He is a member of numerous national scientific professional societies to include the American Chemical Society (ACS), Sigma Xi (The Scientific Research Society), and the American Society of Biological Chemistry and Molecular Biology. Additionally, Lenz served on the editorial boards of the journals Biochemical Pharmacology, Toxicology and Applied Pharmacology, Analytical Biochemistry, Biochimica et Biophysica Acta, Life Sciences, Journal of Agricultural and Food Chemistry, Archives of Toxicology, and Journal of Pharmacology and Experimental Therapeutics.

At a luncheon in his honor, Lenz

“This effort over the last 3 years represents the first Good Laboratory Practices study successfully completed at MRICD, and Dr. Lenz’s invaluable experience and oversight of the study...resulted in the retention of PB as a drug for military use.

Capt. Robert Brodnick
Chief of MRICD’s Physiology and Immunology Branch

received many accolades. Foreign colleagues sent letters expressing their gratitude and well wishes. There were also letters and notes from President Barack Obama, Lt. Gen. Eric Schoomaker, commander of the U.S. Army Medical Command and Army Surgeon General, Greg Stevens, the Army Medical Department civilian corps chief, and past commanders. Schoomaker sent an AMEDD 30-year medallion to be presented to Lenz in recognition of his significant contributions to the overall success of the AMEDD. In addition Lenz was appointed a Distinguished Member of the Army Medical Department Regiment, acknowledging his long career and many contributions to the Army and the AMEDD Regiment. Lenz’s wife, Betty, was appointed an Honorary Member of the Regiment. Brig. Gen. Timothy Adams, commander of the U.S. Army Public Health Command and a former MRICD commander, gave Lenz a Veterinary Corp and a PHC coin. Col. Peter Schultheiss, MRICD’s commander, presented Lenz with one of his commander coins, and Stevens sent a civilian corps chief coin along with his letter.

DPW employees receive awards for efficiency in hurricane aftermath

Twenty-four Department of Public Works employees received Special Act Awards from U.S. Army Test and Evaluation Center Commander Col. Jeffery Holt for the hard work and dedication they exhibited in the aftermath of Hurricane Irene.

The cleanup, which lasted four days, included tree removal and repairing overhead electric lines in difficult conditions, like standing water.

During an Oct. 24 presentation ceremony at the APG Garrison Headquarters, Holt remarked that DPW exceeded expectations. Immediately after the storm, it was estimated by Garrison APG Commander Col. Orlando Ortiz that it would take at least two weeks for the post to regain power.

“Given the critical testing we were doing at the time, being without power for weeks would have made a significant impact on our mission, and other missions on

post,” Holt said. “The quick turnaround in repair time was quite astounding. This is just one more example of how DPW has given us great support. They are a multit talented bunch.”

Visit <http://www.flickr.com/photos/usagapg/> to view and download photos of the awardees:

DPW employees who were recognized during the ceremony include:

- Carl Wheeler-General Maintenance and Repair Supervisor
- Terry Dillion-High Voltage Electrician
- Joe Dugan-High Voltage Electrician
- Chris Edwards-Electrician
- Ronald Goad-High Voltage Electrician
- Dennis Hancock-High Voltage Electrician
- Karl Mandl-High Voltage Electrician

- David Stamper-High Voltage Electrician
- Mike Teti-Electrician
- Randal Tipton-High Voltage Electrician
- Martin Kreer-High Voltage Electrician
- William Bowman-Engineering Equipment Operator
- Nathan Christley-Laborer
- Dennis Hamilton-Engineering Equipment Operator
- Daryl Lehr-Maintenance Scheduler/Planner
- Tony Waldrope Jr. –Tractor Operator
- Lyndell Barber-High Voltage Electrician Supervisor
- James Oneill-High Voltage Electrician
- Bobby Brittingham-Electrician Worker (High Voltage)
- Phillip Burlin –High Voltage Electrician
- Charles Brinegar-Engineering Equipment Operator
- Earl Kerchevale- Engineering Equipment Operator
- Greg Hipple -Laborer
- John Hogan-Laborer

APG employee eyes gluten, loses weight. You can too!

When a U.S. Army Public Health Command epidemiologist learned that she was gluten sensitive she put her foot down and decided to adjust not only her diet but her lifestyle. Today, she is more than 23 pounds lighter, reaching her fitness goals with more energy to spare.

The good news is, says Ester Dada, you can do it too.

READ MORE about Dada’s initiatives and how they are helping to make USAPHC employees more health-focused in next week’s issue of the APG News.



Dada

Halloween events Monday

Continued from Page 1

Farlow said while military members feel relatively safe behind installation gates, “being aware and cautious of your surrounding should always be in the back of your mind—not something you should stress out about, but something you’re aware of.”

Older children should trick-or-treat in groups, if they are not accompanied by an adult.

“There is safety in numbers,” he said. “Just remind them—regardless of their age—that they should never, under any circumstances, enter the home or vehicle of someone they don’t know.

This advice is especially significant after the attempted Oct. 24 abduction of a 14-year-old boy from a neighborhood in nearby Abingdon.

According to the Harford County Sheriff’s Office, the boy was on his way to the bus stop early Monday morning when he was approached by a man in a black work van with tinted windows. The man threatened to harm the boy if he did not get in the van, but the boy ran back to his house and his mother called 911.

Deputies were dispatched and searched the area. Anyone with infor-

mation is asked to call 410-836-5429.

Farlow also suggested that trick-or-treaters only go to homes that are well lit.

For a full listing of Halloween and trick-or-treat safety tips, visit <http://apg.armylive.dodlive.mil> or contact the installation Safety Office at 410-306-1154.

Hallelujah Harvest

The Hallelujah Harvest is a Family-friendly event, and all ages are welcome, according to Joyce Wood of the office of the installation’s senior command chaplain.

She said in previous years, many of the children and adults have dressed up in biblical character costumes. But regardless of what they wear, she said there will be food and fun for all.

The chapel’s Gerri Merkel said the time is set from 5:30 to 7:30 p.m. so that Families can come and enjoy the evening and get the children home early for school the next day.

Activities will include Bible Bingo, Spin the Wheel, Musical Treat Walk, Disk Drop Game, Bean Bag Toss, Fish Pond, Face Painting, Balloon Pop, Limbo, crafts and much more.

Mr. McGruff will make an appear-

ance, along with APG firefighters who will bring in their fire trucks and slide. Snacks will include everything from popcorn, slushes, hot dogs and pizzas to chicken wings, chips and funnel cakes.

For more information, call Merkel at 410-278-2516.



Community Notes

**THURSDAY
OCTOBER 27
NATURE STORY TIME**

All are welcome to come enjoy children’s literature and a craft project related to a theme about nature during “Nature Story Time,” 11 a.m. Pre-reg-istration is required. For more infor-mation, call 410-836-3050 or email edenmillnaturecenter@gmail.org

**FRIDAY
OCTOBER 28
PRESCHOOL HALLOWEEN PARTY**

Eden Mill Nature Center will host a Preschool Halloween Party 10 a.m. to 11 a.m. Wear your favorite costume, meet critters from the nature center, listen to a story, enjoy a snack, make a craft, and have fun. The fee is \$5 for members, \$8 for non-members. Adults must attend with their children. Pre-registration is required. For more information, call 410-836-3050, email edenmillnaturecenter@gmail.com, or visit www.edenmill.org.

**FRIDAY,
NOVEMBER 4
BIRD BANDING**

Bird banding is a universal and indis-pensable technique for studying the movement, survival and behavior of birds. Join Mark Johnson and Les East-man at the Eden Mill Nature Center as they band birds. Banding will take place at the Joe Vangrin Memorial Pavilion with intermittent walks to check the nets. The next event is tentative, weather per-mitting: Nov. 4 from 7 a.m. to noon.

**SATURDAY,
NOVEMBER 5
FALL FEST**

Celebrate the final days of fall at a free event at Eden Mill Park Saturday, Nov. 5 from 1 to 4 p.m. A park-wide scaven-ger hunt, live animals, honey extrac-tion and dipped candle demonstrations, live music, mill tours, crafts, games and much more will be enjoyed by all ages. The Nature Center will be open and the unique Gallery of Pumpkins will be on display. No fee or registration. Overflow parking will be at the Jarrettsville Christ-

mas Tree Farm. Buses start running at 12:30 p.m. The last bus leaving Eden Mill will be at 4:30 pm. Visit www.edenmill.org for more information.

**MONDAY
NOVEMBER 7
GUNPOWDER TOASTMASTERS (APG SOUTH):**

Going on a job interview? Giving a presentation? Toastmasters can assist! Toastmasters will help you develop better speaking and presentation skills, learn to think quickly and clearly on your feet, build strong leadership abili-ties, and hone your listening skills.

You will learn these skills and more in a supportive, self-paced, fun atmo-sphere. Visit the Gunpowder Toastmas-ters Nov. 7 and begin to discover your confidence. The Gunpowder Toastmas-ters meet the first and third Mondays each month (unless the date falls on a federal holiday), 11:40 a.m. to 12:40 p.m., in the Chemical Demilitarization Training Facility in Bldg. E-4516 Seminar Room. Visit <http://gunpowder.freetoast-host.info> for directions or contact Heath-er McDowell at 443-207-0275 or Dave Garcia at dave.garcia@us.army.mil, or 410-436-5013 for more information.

**THURSDAY
NOVEMBER 10
MARINE CORPS BIRTHDAY LUNCH**

Are you a Marine who works on APG? You’re invited if you are active, Reserve, retired, FMF Corpsman, vet-eran, Army civilian or DoD contractor.

A luncheon will be held on APG at the Ruggles Golf Course at a 1:30 p.m. ceremony. Cost is \$13, paid in advance. Come and celebrate the Corps birthday, as is our tradition.

For more info, visit [www.Mary-landMarines.org](http://www.MarylandMarines.org). RSVP to Craig Reel-ing at 443-477-0670. Once a Marine, Always a Marine.



**MORE
ONLINE**

More calendar events can be seen at www.apgnews.apg.army.mil under Community Notes.

Post Shorts

DFAC closes in December

The last meal will be served at the APG Dining Facility Dec. 9, 2011. The dining facility will be closed permanently on 10 Dec. 10, 2011. The facility is being closed due to the changes in the Soldier population as a result of BRAC. Breakfast, lunch and dinner options on post include the shoppette Subway, commissary deli, the PX food court, Burger King (set to open in November), Tim Horton’s (C4ISR), Top of the Bay (operating out of recreation center and set to reopen in December), mobile food carts located throughout post, and the bowling alley grill.

Trick-or-treat slated

Trick-or-treat will be celebrated at APG Oct. 31 from 6 – 10 p.m. only.

Thanksgiving meal

The installation’s annual Thanksgiving meal will not be offered in the APG dining facility year. Call 410-306-1607

Blood drive dates

APG will host blood drives on the following dates:
31-Oct-2011 MON 10 a.m. - 2 p.m. Recreation Center
29-Nov-2011 TUE 10 a.m. - 2 p.m. Recreation Center
5-Dec-2011 MON 10 a.m. - 2 p.m. Recreation Center

Dental Clinic Closings

The U.S. Army Dental Clinic on APG North will be closed Friday, Nov. 11 and will reopen Monday, Nov. 14 from 7 a.m. to 3:30 p.m. Sick call hours will be from 7 to 9:10 a.m.
The U.S. Army Dental Clinic on APG South (Edgewood) will be closed Friday, Nov. 11, for Veteran’s Day and Monday, Nov. 14 for a training holiday.
For medical services needed, after hours, weekends, or on federal holidays, contact the staff duty at 443-807-0725. The staff duty officer will coordinate your care with the dentist on duty.
In the event of a medical emergency, 911 or go to the nearest emergency room. Emergency rooms do not require a referral.

FY 11 Annual Hydrant Flushing

The annual hydrant flushing at APG is Oct. 24 to Nov. 28, Monday to Friday weekly, 7 a.m. to 3 p.m. The schedule is tentative Call APG’s Dennis Overbay at 443-206-8910 or City of Aberdeen rep Curtis Ball at 410-278-2335.
Week 1 : 24 to 28 Oct 2000,3000 and 4000 Block
Week 2: 31 Oct to 4 Nov 4000,5000 and 6000 block
Week 3: 7 Nov to 11 Nov 4000,5000 and 6000 Block
Week 4: 14 Nov to 18 Nov Plumb Point Loop
Week 5: 21 Nov to 25 Nov ARL Compound and Restricted Area
Week 6: 28 Nov to 2 Dec Spesutie Island and Restricted Area

Flu vaccine now available

Flu vaccines are available for all Tri-care beneficiaries. Obtain vaccines at the APG North Immunization Clinic Monday to Friday, 7:30 a.m. to noon and from 1 to 3:30 p.m., on a walk-in basis. Or at the General Medicine Clinic during routine appointments (if patient has no flu symptoms). Call 410-278-1746.

Chapel happenings

The APG North (Aberdeen) main post chapel holds contemporary worship services Fridays from noon to 12:30 p.m., except four-day weekends. The themes are built on spiritual fitness and followed by a 30-minute cookout.The chapel also offers AA meetings every Wednesday at 7 a.m.

Hallelujah Harvest offers fun Halloween alternative

Community members can enjoy a fun and safe alternative to Halloween during the Hallelujah Harvest at the APG North’s main post chapel Oct. 31 from 5:30 – 7:30 p.m. To volunteer or for information, contact Caroline Merkel at 410-278-2516.

Education Center news

Fall semester classes are being offered by on-post SOC College’s: UMUC, Harford Community College, Florida Institute of Technolo-

gy and Central Michigan University. Classes are conveniently located APG North, Bldg. 3147, on Raritan Avenue for all military personnel, Family members, DA civilians, retirees and contractors.
■ The Strong-Campbell and Career Assessment Inventories are available on the web to military personnel and civilians. The education office will provide customer assistance with the career search.
■ To register to take the Graduate Record Examination, log on to www.gre.com. The fee is \$150. Military will be reimbursed. The nearest testing location is the Prometric Center in Baltimore. Visit <http://www.gre.com>.
■ To register to take the Graduate Management Admission Test, log on to www.gmat.com. The fee is \$250. Military will be reimbursed. The nearest testing location is with the Prometric Center in Baltimore. Visit <http://www.gmat.com>.

CPR classes offered

APG Fire and Emergency Services is offering free Cardio-Pulmonary Resuscitation (CPR) Classes with Automated External Defibrillator (AED) certification. Two classes will be offered on each date. The dates and locations of remaining 2011 classes are as follows. All classes are at 9 a.m. and 1 p.m.:
■ Nov. 16 APG North post chapel
■ Dec. 14 APG South conference center E-4810
Pre-register by contacting Michael Davis at 410-306-0572 or Michael.Ray.Davis@us.army.mil

Veterans apply for home repairs

Habitat for Humanity is participating in the Veteran Home Repair Program, providing critical repairs for military veterans. Repairs include interior or exterior work performed to alleviate health, life, safety critical issues or code violations, a reconfiguration of space, a modification for accessibility, and installation or extension of plumbing, mechanical or electrical systems. The home must be the primary residence of the vet-

eran. All veterans who have received an honorable or general discharge are encouraged to apply.
For more information or to volunteer, call 410-398-3399 in Cecil County, or Deb Ciresi, community development manager at 410-638-4434, Ext. 8; e-mail dciresi@habitatsusq.org or visit www.habitatsusq.org.

NFFE Info Week

NFFE Local 178 will be conducting a membership info week Oct. 31 to Nov. 4 at various locations on APG. Open to employees of RDECOM, ECBC, MRICD, CARA, 20th Support, Public Health Command, ATC, and the Robert Morris Acquisition Center. All non-supervisory employees are welcome. Meet NFFE Local 178 and national officers from D.C. Get your questions answered. Meetings are scheduled:
APG North (Aberdeen) Nov. 1 at recreation center 9 a.m. to 1 p.m.
APG South (Edgewood) Nov. 2 at conference center, Bldg. E4810, 10 a.m. to 2 p.m. Call 410-436-3942 / 0623.

Bill of Rights essay contest underway

High school students and teachers are invited to compete in the sixth annual “Being An American” essay contest. The top three students from five regions will be awarded \$1,000, \$500 and \$250 for first, second and third place and teacher sponsors receive \$100.
More than 80,000 students have participated in the contest since it began in 2006. The contest began Sept. 17 and concludes 11:59 p.m., Dec. 15.
Winners will be announced February 2012. For rules, eligibility and other information, visit www.BillofRightsInstitute.org/Contest. All essays must be submitted through this website.



MORE ONLINE
More shorts can be seen at www.apgnews.apg.army.mil under Shorts.

FAMILY AND MWR

Tickets for Sale

■ FMWR Leisure Travel Services has tickets for sale through Oct. 30 to Six Flags Fright Fest at Six Flags America in Largo, Md. The public is invited to experience Maryland’s biggest, most terrifying Halloween event ever with more mazes, shows and things to scare you! Tickets are \$26 for ages 3 and up.

To purchase tickets, visit the MWR Leisure Travel Services at the AA Recreation Center, Bldg. 3326.

For information, call 410-278-4011/4907 or visit www.howloscream.com.

■ FMWR Leisure Travel Services has tickets for sale through Oct. 30 to

King’s Dominion’s Halloween Haunt Event in Doswell, Va. All of the Halloween terror is here. Some 2011 additions include two new mazes, three new Scare Zones, and three new shows that are sure to get your blood boiling. Tickets are \$31 for ages 3 and up. To purchase tickets, visit the MWR Leisure Travel Services at the AA Recreation Center, Bldg. 3326. For information, call 410-278-4011/4907 or visit <http://haunt.kingsdominion.com>.

■ FMWR Leisure Travel Services has tickets for sale through March 15 to Colonial Williamsburg. The public is invited to see scores of original buildings, hundreds of homes, shops, and public buildings re-constructed over 301 acres - most on their

original foundations- and rare animal breeds. Trades and gardens add layers of authenticity to the re-created town. Tickets are \$30.25 for two adult consecutive day passes and \$15.25 for children ages 6-17. To purchase tickets, visit the MWR Leisure Travel Services at the AA Recreation Center, Bldg. 3326. For information, call 410-278-4011/4907 or visit www.colonial-williamsburg.com.

■ FMWR Leisure Travel Services has tickets for sale for eight hour do-it-yourself trips to Times Square in New York. The trips are Nov 5, 12 and 19. All trips depart from Mountain Rd Park and Ride in Joppatowne at 7:55 a.m. Tickets are \$46 per person. To purchase tickets, visit the MWR Leisure Travel Services at the AA Recreation Center, Bldg. 3326. For information, call 410-278-4011/4907.

■ FMWR Leisure Travel Services has tickets for sale to see the Harlem Globetrotters at 1st Mariner Marina Dec. 30 at 2 p.m. and 7 p.m. Tickets are \$18.50 per person. Seats are located in section 104. To purchase tickets, visit the MWR Leisure Travel Services at the AA Recreation Center, Bldg. 3326. For information, call 410-278-4011/4907.

Bowling Center, Bldg. 2342. New and renewal memberships will be accepted. Membership is \$40 for 15 months. This is the last sign up for 2011. Contact Patricia Harkins at 410-436-4467 or patricia.e.harkins.naf@mail.mil.

Learn to hand paint custom shirts

■ The Army Child, Youth & School Services will be teaching children ages 6 to 8 to hand paint custom shirts during the month of November. Classes will be held at the Aberdeen Area Youth Services building on Nov. 2, 9, 16 and 30 beginning at 5:30 p.m. until 7:30 p.m. In these classes, children will learn the basics of hand painting artwork on to shirts, use a projector, paint fabric and learn about other materials to hand paint their own shirts. The classes are open to all DoD ID cardholders. To register, call Stacie Umbarger at 410-278-7571/7479 or Stacie.e.umbarger.naf@mail.mil.

Laugh Out Loud Comedy Tour: It’s a Laughing Matter Nov. 9

■ Army Entertainment presents the Laugh Out Loud Comedy Tour: It’s a Laughing Matter. The show will be held at the APG Post Theater Nov. 9 at 5:30 p.m. The doors open at 4:30 p.m. The show will feature Danny Cho from “Mad TV” and Emmy Award winners A Pair of Nuts. Cerrone from BET’s “Hell Date” will host the event. Admission is \$10 for the public and \$5 for all active duty military. Guests must be 18 or older to attend. Concession will be available in the theater lobby.

Contact Earlene Allen at 410-278-3854 or earlene.allen.naf@mail.mil.

Activities/Events

BJ’s Discount Membership Registration Days

■ The Civilian Welfare Fund is sponsoring BJ’s discount sign ups Nov. 15 from 11 a.m.-1:30 p.m. at the APG South (Edgewood) Stark Recreation Center, Bldg. E4140 (South Side Grill) and Nov. 16 from 11 a.m.-1:30 p.m. at the APG

October bowling specials

- Early Bird Special: From 7am till 10am bowl for \$1.50 a game.
- Friday night after 9pm bowl 1 game and get the second game free.
- Pizza & Bowling Special: 1 Hour of bowling, 1 whole cheese pizza and a pitcher of soda of \$34.00.
- Football special, Sunday October 30th. Eachgame of bowling is \$1.50, shoe rental-\$1.00, wings-.50 each, Jr. hot dogs-\$1.00.

Bowling rates

Bowling costs \$3 per game, Monday to Friday from 7 a.m. to 5 p.m.; games cost \$3.50 each on Fridays, 9:30 to 11 p.m.; Cosmic Saturdays cost \$3.75 per game; and \$3 per game on Sundays.

Winter leagues forming

Monday & Tuesday start time 5:20.
Wednesday start time 6:50
Thursday & Friday start time 6:30
Saturday Youth League start time 9:00 am for ages 4 thru 11 and 10:30am start time for ages 12 thru 20.

APG Bowling Center Snack Bar specials

Building 2342

Week of October 31

Special #1: Tuna salad sandwich with chips, cookie and regular soda for \$6.75.

Special #2: Pepperoni Pizza Sub with french fries, cookie and regular soda for \$6.50.

Week of October 24

Special #1: Cheese steak wrap with chips, cookie and regular soda for \$5.25.

Special #2: Chicken cheese steak wrap with chips, cookie and regular soda for \$5.75.

The Bowling Center also serves breakfast. For more information or to place an order, call 410-278-4041.



Looking for a job?

Visit FMWR Jobs available at www.apgmwr.com. All jobs for Aberdeen Proving Ground are listed at <http://www.army-civilianservice.com> or check out AAFES Jobs link <http://odin.aafes.com/employment/> for additional job opportunities.



On-post vet service saves money, time

Continued from Page 1

Bossone said the unconditional love shown by pets and the owner responsibility of taking care of a pet is a healing antidote in an otherwise stressful military lifestyle.

“A lot of people’s pets are like Family to them,” she said. “In military communities, pets are especially important as Soldiers and their Families usually live far away from relatives. Having a pet is a source of comfort. Also it has been proven that having a pet improves an individual’s well-being by lowering blood pressure, reducing stress.

“My job,” said Bossone, “is to make sure that the pets stay healthy so that they can continue to help take care of us.”

Bossone graduated from the University of California, Davis School of Veterinary Medicine, and the Uniform Services University of the Health Sciences in Bethesda, Md., where she obtained a PhD in physiology. She is also board certified by the American College of Veterinary Preventive Medicine.

Her military experience includes serving as a veterinarian at a veterinary clinic in Korea at the Osan Airbase for a year. While she was serving as lieutenant colonel for the U.S. Army Medical Research Institute for Chemical Defense, and previously, the Army Public Health Command. During this time, she also volunteered at the APG Vet Clinic for about four about six years.

“I would take leave to vol-



Photo by Rachel Ponder

(From left) Veterinarian Carol Bossone gives Maria Schnopke’s dog, Daisy, a routine check-up.

unteer at the clinic so that I could keep my skills current and spend time with the animals,” Bossone said. “I am glad that it is now my primary job. I always wanted to be able work with animals every day.”

Even in Bossone’s spare time, she is surrounded by animals. She likes to relax by spending time with her four horses, three cats, two birds and dog—her constant companions—at her farm in Plyseville, Md.

Clinic services

With Bossone on staff, APG’s vet clinic is open for appointments for the first time (consis-

tently) since January.

This is a boon for patrons since, according to Bossone, clinic prices for vaccinations and other services are often cheaper than off post facilities.

“Being able to use the vet clinic is a benefit, like the using the commissary,” she said. “For instance, we only charge \$25 to microchip a pet which includes registration with the company. Off post, that service can cost \$65 or more.”

Microchipping a pet is mandatory for APG residents, and if done on post, the family information on the microchip is updated annually, free

of charge, and for the life of the pet, “so when a pet owner changes their address, there is no additional cost to update the system. They just need to notify the company, Home Again, of their address change.”

Bossone said another requirement for pet owners living on post is that pets’ rabies vaccines must be updated every three years and pets must wear a current APG rabies tag at all times.

Also, pets are to be kept on leash, under the owner’s supervision and in control at all times when outside of the home or yard.

For questions about on-post pet regulations, residents should contact Picerne Housing at 410-305-1075 or obtain a copy of the Picerne Resident Responsibility Guide for the full list of regulations.

Bossone said that pet owners have a responsibility to take get their pets checked up once a year and to stay current with all shots. Some vaccinations need to be given annually, some every three years.

“This is a big area for pets as well as people to contract Lyme disease,” she said. “And if the pet spends a significant amount of time outdoors, in the woods, they need to get a Lyme disease shot more frequently.”

In addition to giving vaccinations, the clinic sells heartworm and flea and tick prevention. In order to purchase the medication, pet owners must take their pet in for their annual checkup.

Pet owners should also keep in mind that some services are not offered at the clinic, to include surgeries, dental work and give emergency care.

“We have information and refer people to local vets that do these services.”

For more information on services or to make an appointment, call 410-278-4604. The clinic is located on APG North across the street from Kirk U.S. Army Health Clinic at Bldg. 2479 on Oakington Street. Office hours are from 8 a.m. to 4 p.m. Patrons can call to make an appointment.

Cohort program a leadership training model

Continued from Page 1

Pickett’s Charge, Jussel had students hanging on his every word.

“There are three rules for students at Carlisle (the Army War College),” Jussel stressed. “One -- theater planning requires logistics. Two -- personalities matter. And three -- words have meaning.”

He used examples from Gettysburg to illustrate. Beginning on the one-hour bus ride, Jussel talked about the run up to the battle and the politics occurring at the helm of leadership. Gen. George Meade had been in command of the Army of the Potomac for only a few days. Lee, given his past successes, most recently in the battle of Chancellorsville, was thought to be invincible.

“Some called it ‘the imperial hubris’ of General Lee,” Jussel said.

He passed around pieces of ammunition to demonstrate the technology employed 148 years ago, and talked about the types of injuries each could inflict.

“The canister rounds, while heavier, couldn’t really stop a regiment,” Jussel said. “But they did raise the leadership question of, ‘How do you lead men where they wouldn’t normally go?’

“To many of them, honor was more important than life,” he added.

At every stop, Jussel invoked insight beyond a typical battlefield tour, leading the APG Cohort through the battlefield and framing it in strategic leadership, decision making and planning.

“He really brought the battlefield to life,” said Todd Rosenberger, U.S. Army Research Laboratory.

“This is the first time the APG Cohort has worked with the Army War College, the center of excellence for strategic leadership and the framework for Army leaders to act and think strategically,”

said Paul deBenedictis, Cohort program coordinator. “Our intent is to get subject-matter experts for each of the subjects in the Cohort curriculum.”

Army War College educators provided their keen insight for two Cohort sessions (Oct. 18 and 19). The first was the Gettysburg tour. The second was when War College faculty came to APG to teach strategic leadership.

Army Col. Stephen C. Sobotta, Director, Public Administration Studies, Department of Command, Leadership and Management, and U.S. Navy Cmdr. Traci Keegan, also from the Department of Command, Leadership and Management, took the Cohort on an examination of themselves, and placed them in a strategic thinking framework.

Beginning with self awareness that includes egocentric tendencies, assumptions and biases, the Army War College educators delivered an eight-week course of instruction in one day. They facilitated an awareness of cultural influences, a consideration of ethics and values, and an openness to both discourse and reflection.

According to Cynthia Dewey, program manager, Western Management Development Center, Office of Personnel Management, the APG Cohort program is developing into a viable leadership training model.

“Three years ago there was an outreach from APG to say we needed to develop some sort of leadership program that would help break down some of the silos and build a sense of community within Aberdeen, especially with the BRAC issues that were looming at that point in time.” Dewey said. [APG] was taking in a lot of folks and is so large that you have organizations doing different things and not necessarily always collab-

orating with each other.

“I took the program over in the second year, but from what I understand, Mr. Joe Weinand, technical director for Edgewood Chemical Biological Center, approached the Office of Personnel Management, and from that they started having discussions about creating a program [for] leadership level at a higher level.

“It’s based on the Action Science - Action Learning concept that people will do, step back, reflect, think, and do. What you hear all the time is leaders don’t have time to step back and really think about things. The reality is that they have to take the time to do that,” Dewey said.

She explained the need for strategic thinking is critical.

“Folks have gotten to where they are today based on the things that they’ve done tactically and operationally. What we needed to do is move their thinking up more to strategic level, to have vision and be able to communicate that, and to grow this group of future leaders to where they need to be for the Army.

“Aberdeen is unique,” Dewey continued. “There are a lot of Army organizations and a lot of other federal organizations that have leadership training, but not necessarily of the scope which Aberdeen has taken this.

“The concept that was built here at Aberdeen, based off the leadership input, is unique to what we’re doing across government. We have agencies just down the road saying, ‘What’s going on at Aberdeen? Tell me more about that.’ They’re liking the concept,” she said.

“This is a great foundational piece,” Dewey continued. “When it was designed

they wanted to focus it on ‘How do I look at myself and have self awareness as a leader?’ Honestly, at the strategic level, you have to be able to look at yourself in order to look out.

“So we started with that concept, then we moved them to the teaming and to the organization, and then big picture thinking. This is the phase these people are going through at this point,” she said, nodding at the third-year APG Cohort.

APG Cohort participants (Organizations) :

Nickee Abbott (JPEO Integration), Dave Amaral (ARL), Andrea Britton (ATEC), Ernest Chin (ARL), Deborah Craten Dawson (CMA), Carl Eisser (AMSAA), Gary Goldsmith (JPEO-CBD), Frank Hoffman (CMA), Christopher Hoppel (ARL), Georgiann Mangione (DTC), Nick Mastromanolis (ATEC), Mike McCarthy (AMSAA), Todd Morris (RDECOM), Mark Mossa (AMSAA), Susan Nappi (CECOM), Brian O’Donnell (CMA), Jennifer Reed (CECOM), Marc Rosen (CECOM), Todd Rosenberger (ARL), Thomas Rosso (ECBC), John Runyeon (ARL), Pamela Savage-Knepshield (ARL), Wayne Schoonveld (CERDEC), Garrett Shoemaker (CECOM), Steve Slane (CERDEC), Douglas Solivan (CECOM), Debra Thedford (ECBC), Eugene Vickers, Sr. (ECBC), and Christopher Wilcox (AEC).

Participating Alumni:

(Gettysburg tour) – Robert Durgin, Bill Klein, Coleen Dzik, Mitchell Mayer, Joel Selzer, Cathy Pritts, Randy Laye, Don Matts and Michael Zoltoski. (Classroom) -- Don Matts, Patrick Thompson, Jeff Harris, Cathy Pritts, Lawrence Burton and Ricky Grote.

Burger King reopens in November with hi-tech upgrades

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accents and other artistic interpretations of the company’s “grill-centric” brand.

“The materials used are higher quality. For instance, we used real stucco brick for the walls and the ceramic tile for the floors that looks like rustic wood and concrete, and Corian for the countertops,” said Nick Pantazis, a private contractor who is working on the renovations. “This gives the restaurant a more adult, upscale feel.”

“This shift in design focuses on the food itself, promoting that Burger King uses a flame broiler,” Turner said. “Burger King has moved away from using the King as a mascot. They are concentrating more on the product instead of the image.”

In fact, the 20/20 restaurant features the revolutionary Duke Flexible Batch Broiler, which maximizes cooking flexibility and facilitates a broader menu selection while reducing operational and energy costs.

Other kitchen improvements include the Kitchen Minder, which monitors time and temperature in the cabinets and notifies staff and managers when to prepare more food and discard older products.

“This is equipment is really important ensures that customers receive fresh food,” said Kahaliah McRaney, senior manager.

Turner said that other equipment has been replaced or added to the kitchen area, like the addition of a soft serve ice cream

machine and a real fruit smoothie maker.

“These are exciting additions and I believe they will be big sellers,” Turner said.

Other new food items include new healthier options like oatmeal with fruit and made to order salads. Adding another level of freshness, BK will now cut their vegetables for salads and sandwiches, as opposed to getting prepackaged vegetables, according to McRaney.

Turner said 10 new employees have been hired in addition to the five employees that worked at the restaurant before renovations.

Turner, who recently transferred to the APG Burger King from an AAFES Burg-

er King in Japan, said that more employees will work the lunch shift to speed up service. The new heated sandwich board area will assist by allowing management to delegate employees to either the dining room or drive thru area.

“Our goal is to have customers in and out of the drive through in two minutes and 30 seconds, and in our dining room be served in three minutes. That is from the time they stand in line to the time they get their food,” Turner said.

Turner added that he encourages feedback from customers.

The Burger King is tentatively set to open the second week of November. For more information, call Turner at 410-273-7464.